

Daily Prayers

- Our Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen
- "God grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference"
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- "Oh, that You would bless me indeed,
and enlarge my territory,
that Your hand would be with me,
and that You would keep me from evil,
so that I may not cause pain!"
1 Chronicles 4:10 (NKJV)
- "And acceptance is the answer to *all* my problems today. When I am disturbed, it is because I find some person, place, thing or situation – some fact of my life – unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and my attitudes." (from *Alcoholics Anonymous* – page 417)
- "I Am Responsible.
When anyone, anywhere reaches out for help,
I want the hand of A.A. always to be there.
And, for that: I am responsible."
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- "God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!" (from *Alcoholics Anonymous* – page 63)
- "All of my character defects separate me from God's will....I have never found security and happiness through self-will and the only result is a life of fear and discontent. God provides the path back to Him and to His gift of serenity and comfort. First, however, I must be willing to acknowledge my fears and understand their source and power over me. I frequently ask God to help me understand how I separate myself from Him." (from *Daily Reflections* - February 11)
- "My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen." (from *Alcoholics Anonymous* – page 76)
- "Lord, make me a channel of thy peace -
That where there is hatred, I may bring love -
That where there is wrong, I may bring the spirit of forgiveness -
That where there is discord, I may bring harmony -
That where there is error, I may bring truth -
That where there is doubt, I may bring faith -
That where there are shadows, I may bring light –
That where there is sadness, I may bring joy.

"Lord, grant that I may seek rather
To comfort than to be comforted;
To understand, than to be understood;
To love, than to be loved.

"For it is by self-forgetting that one finds.
It is by forgiving that one is forgiven.
It is by dying that one awakens to Eternal Life.
Amen." (from *Twelve Steps and Twelve Traditions* – page 99)